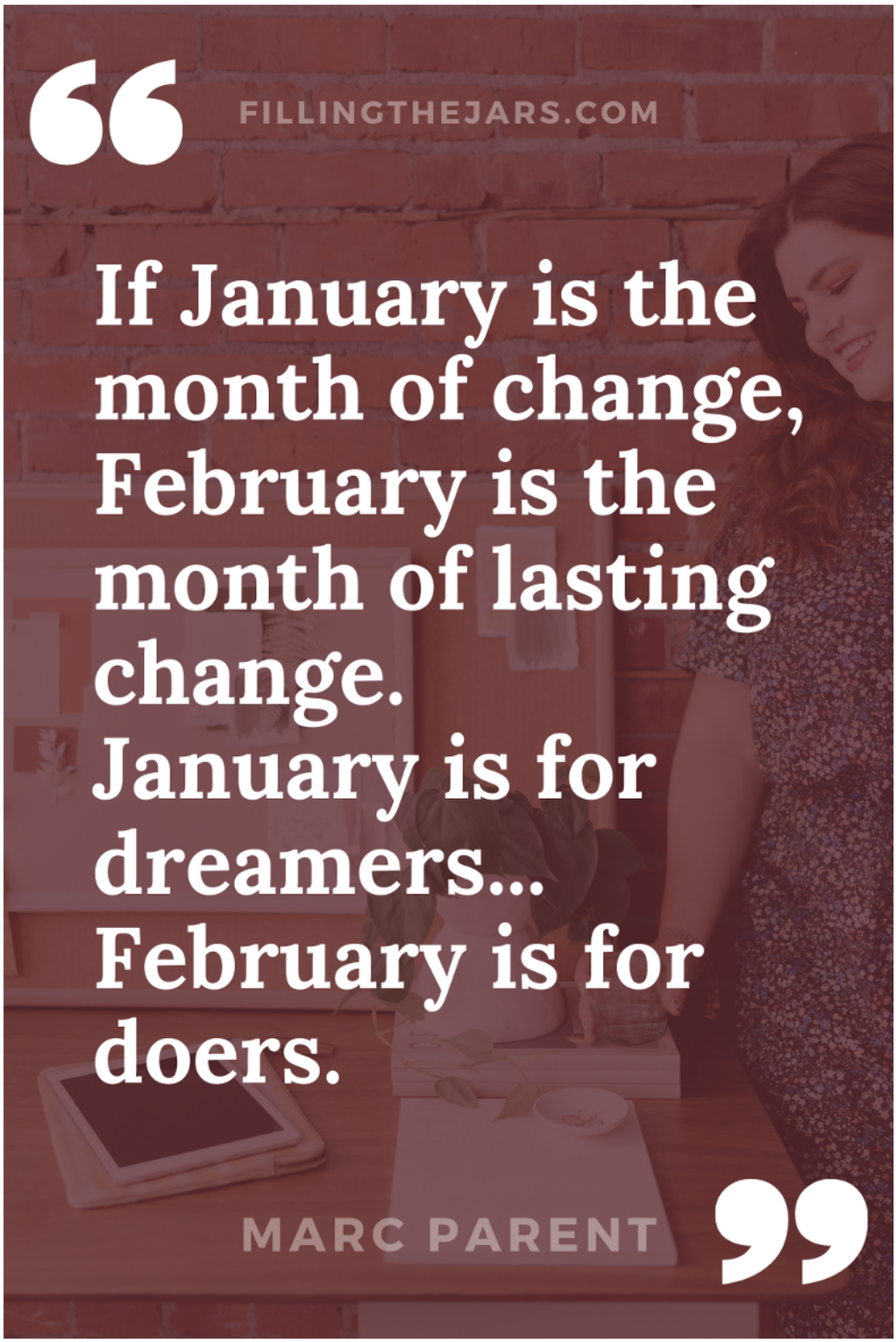
COLLEGE of NURSING
EAST TENNESSEE STATE UNIVERSITY

The Monthly Pulse

College of Nursing Monthly Newsletter **February 2024**



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From the Dean's Desk

I shared in our college-wide meeting on January 26 that the Leadership Team will begin Trauma-Informed Workplace training with the Strong Brain Institute in February. In addition, we will read and discuss *Dare to Lead* by Brene Brown this semester. In February, we will discuss the Introduction-Brave Leaders and Courage Culture, Section One-The Moment and the Myths, and Section Two-The Call to Courage. I encourage you to consider reading the book and tapping into resources at brenebrown.com/hubs/dare-to-lead/. As we have more specific details of our Trauma-Informed Workplace training topics, I will share that information as well.

In the spirit of February and Valentine's Day, I would like to challenge us all with the following Brene Brown quote as the College of Nursing is in the process of becoming:"***To love ourselves and support each other in the process of becoming real is perhaps the greatest single act of daring greatly."***
-Brene Brown

Finally, I would like us to keep our Future Focus questions top of mind as we move through the semester together:

- Does the College of Nursing want a different culture?
- If so, is the college willing to do the work to get there?
- Are you willing to persevere over time to establish a new culture?
- What does our new culture look/feel like?
- Do you believe you can make a difference along this journey?

White Coat Ceremony

An Emblem of Investiture

With February comes the rite of passage known as the White Coat Ceremony, an event that proudly welcomes the newly-admitted nursing students to their admirable calling. This Ceremony that spans all campuses marks these students' entrance into our College of Nursing and gives everyone the opportunity to fellowship and celebrate this first milestone on their journey to becoming nurses.

Each White Coat Ceremony will be hosted by a College of Nursing Master of Ceremonies, include a Keynote speech from a prominent CON faculty member, involve the traditional cloaking of the students, and an administration of the Nurse's Oath.

A White Coat Ceremony will be held on the Main Campus on Friday, February 16, 2024, beginning at 5:30 pm at the D.P. Student Culp Center Auditorium. Another Ceremony will be held on February 22, 2024, beginning at 11am at Kingsport, Allandale Campus.

If you wish to know more about the College of Nursing White Coat Ceremonies, contact James Lively:
livelyjw@etsu.edu

THE ARNOLD P.
GOLD FOUNDATION
White Coat Ceremony

CON Student Section

We're snow glad you're back on campus, Bucs!

Announcements and Recognition

2023 NCLEX Pass Rate

Undergraduate Programs has worked extremely hard to focus our attention on our NCLEX-RN pass rates. For the past two years, we have barely missed the mark required by the Tennessee Board of Nursing (i.e., 85%) as we have been at 84%. We are thrilled to announce that ETSU College of Nursing has a 2023 annual first-time NCLEX-RN pass rate of 90% results provided by the TN Board of Nursing.

This achievement is a direct reflection of the dedication, patience, effort, skill, and commitment that the college of Nursing faculty members engage in every single day.

Journal of Advance Nursing

Congratulations to PhD student, Ms. Hannah Shipp and Dr. Christy Hall for their upcoming publication in the Journal of Advanced Nursing:

Shipp, H. & Hall, K. C. (2024). Analyzing the concept of toxic positivity for nursing: A dimensional analysis approach. Journal of Advanced Nursing. Advance online publication.

https://doi-org.iris.etsu.edu/10.1111/jan.16057

Poster Presentations

Kristen S. Montgomery will present her poster this summer. Montgomery, K. S. (2024). *Breech birth: What's Happening Nationally and Internationally? Poster presentation for the Association of Women's Health, Obstetrics, & Neonatal Nurses (AWHONN) in Scottsdale, AZ June 8-10*

Pictured: Kristen Montgomery Assistant Professor

Grant ,Award and Presentation

Grant:

January 15, 2024, Pi-Ming Yeh and Katie Brown received an ETSU grant:Student-Faculty Collaborative Grants. The research Topic is "Factors Influence Homeless People's Psychological Well-being, Anxiety, Depression, and Suicidal Ideation." $2000. (Katie Brown is an Undergraduate Student.)**Grant was hosted by ETSU -The Office of Undergraduate Research and Creative Activities**

Award:

Yeh, P. M., Chiao, Cheng-Huei, & Liou, Jennchang (2024). Comparisons of Spiritual Well-being, Psychological Well-being, and Suicidal Ideation between USA and Taiwanese College Students. Southern Nursing Research Society (SNRS) 38th Annual Conference, Podium Presentation, on February 21-23, 2024. Theme of the Conference: Collaborating to Advance Nursing Research, Education, Leadership, and Practice.

Presentation:

Pi-Ming Yeh (2024). Received Southern Nursing Research Society (SNRS) D. Jean Wood Nursing Scholarship Award on Friday 2/23/2023, from 11:30 am to 1 pm SNRS Annual Conference Awards Luncheon. Received a plaque. Sheraton / Le Meridien Charlotte Hotel Complex.555 S. McDowell Street, Charlotte, NC
https://snrs.org/events/2024-annual-conference/

Pictured: Dr. Yeh Pi-Ming Associate Professor

Adobe Certified

Christine Mullins used her employee benefits to certify in a Adobe Photoshop course during the winter break.

Adobe

Christine Mullins

has successfully completed the requirements to be recognized as an

Adobe Certified Professional

Visual Design using Adobe Photoshop

Shantanu Narayen
Chairman, President and CEO
Adobe

verify.certiport.com > DBKS-4wkA
Completed on January 11, 2024

ELNEC- International

Sharon Bigger has received extramural funding from ELNEC-International (End-of-Life Nursing Education Consortium, International). The funding will support her travel to Queretaro, Mexico, to collaborate with Mexican palliative care professionals to teach the ELNEC Core curriculum to health students there.

Pictured: Dr. Sharon Bigger
Associate Professor

Annals of Palliative Medicine

Transitions between home health and hospice for persons living with dementia: A systematic review of literature

Manuscript that Robin Foreman, Christiana Keinath and Sharon Bigger collaborated on has been accepted for publication in the international journal *Annals of Palliative Medicine*.

APM ANNALS OF PALLIATIVE MEDICINE
AN OPEN ACCESS JOURNAL FOR HIGH-QUALITY RESEARCH IN PALLIATIVE MEDICINE

Academic Structure Task

The Final Report of the Academic Structure Task Force is now available for review. Below is the timeline for development and approval of the final Academic Structure Plan.

Spring 2023:Academic Structure Task Force Convened

Spring, Summer, and Fall 2023:The Task Force holds more than 100 meetings with constituency groups

December 6, 2023:Task Force holds Town Hall to share initial findings and ideas

January 12, 2024:The President and Provost receive the final report of the Task Force

January 22, 2024: Final report shared with campus

February 2024:

- The President and Provost will provide a draft plan for structural revisions to the campus community
- Public comment period

March/April 2024:

- Final, revised plan and implementation details are to be shared with the campus community
- Town Hall to discuss final plan
- The final plan is to be presented for approval by the Academic Council and University Council

May 24, 2024:Final plan presented for approval by the ETSU Board of Trustees

June 2024:Multi-phased implementation period begins

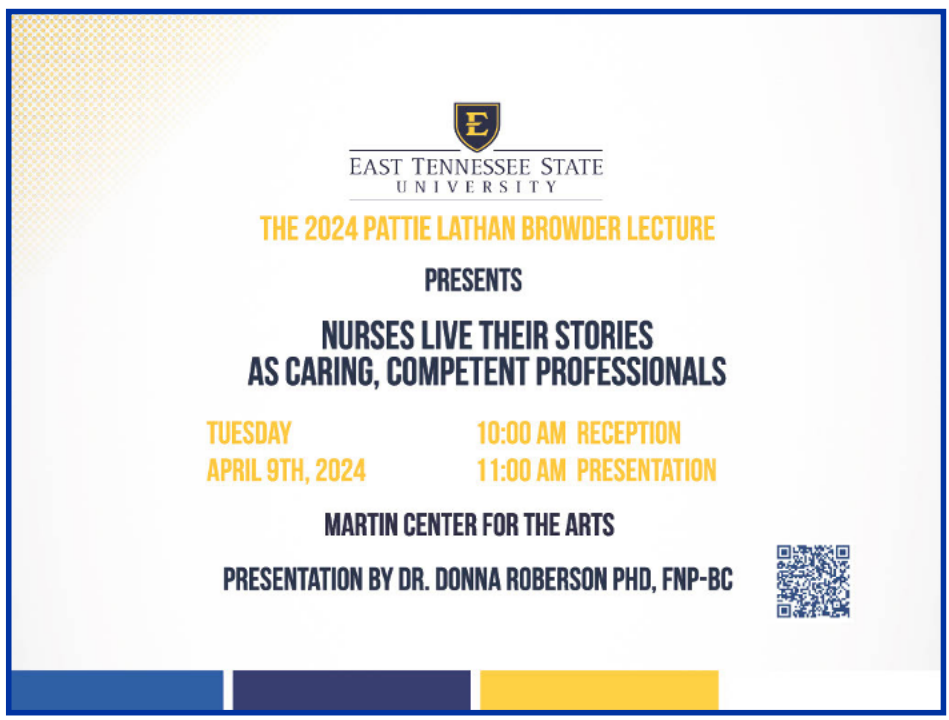
Celebration Of Service

On Friday,**January 26,** 2024, ETSU held their annual **ETSU Celebration of Service Luncheon** in the Culp Ballroom recognizing faculty and staff celebrating 5, 10, 15, 20, 25, 30, 35, 40, and 45 years of service to the State of Tennessee. Many Congratulations to our College of Nursing Faculty and Staff.

Name	Years of Service
Alexis Mills Gillert	5
Chelsea Mitchell	5
Cindy D Phillips	10
Ernest David Maupin	5
Greta Ingrid Marek	10
Kendrea L Todt	5
Kristen Leanne Skidmore	5

Laura Jessica	5
Mariela Torres	5
Margaret Mahlin	5
Sandra R Marion	25
Sharon Diane Loury	15
Shelia Ann Rustin	5
Traci Logan Childress	5
Windy Spring McElyea	5

Pattie Lathan Browder Lectureship



We are excited to welcome to ETSU Dr.Donna Roberson,Professor and Executive Director of Program Evaluation for the East Carolina University College of Nursing. Her family experienced a horrific medical situation with her grandson, Owen, who was found to have a large brain tumor in February 2022. Through the process of emergency neurosurgery, complications of the postoperative period, misdiagnosis, and subsequent healing for Owen, Dr. Roberson worked to advocate for her grandson and his parents through the process. She will be sharing the story of Owen's journey, describing the importance of nursing support for caregivers.

Pictured: Dr. Patricia V. Burkhart 2023 Lectureship

College of Nursing hosting inaugural Pattie Lathan Browder Lectureship

Campaign for Kindness

Kindness Challenge Ideas

Please add your entries on the poster placed in Nick's Hall opposite room 2-220

- **Post kind sticky notes on bathroom mirrors.**
- **Raise resources for a person or cause.**
- **Surprise someone with a treat.**
- **Give a compliment to a stranger.**
- **Write or email someone who made a difference in your life.**
- **Smile and say hello to the first three people you see.**
- **Leave an inspirational quote on your desk or the desk of a colleague, faculty, staff, friend.**

TAC Rising Star Nurse Leader Program

The Tennessee Nurses Association and Tennessee Hospital Association have again partnered with the Tennessee Action Coalition to recognize emerging young nurse leaders across the great state of Tennessee. This program is developed to engage and empower younger nurses to lead the profession and improve the health of Tennesseans. Once selected, participants can network with young and established nursing leaders from across the state.

Program participants will be selected based on demonstrated qualifications and criteria. The selection committee also aims to include diverse individuals representing various Tennessee regions, practice settings, roles, degrees, racial/ethnic backgrounds, sexual orientations, and gender identities.

You may access the link below to nominate a young leader. Nominations will open February 1, 2024, through April 5, 2024.

https://forms.office.com/r/eyGyzfw6a5

Campaign for Action

Two is better than one

Kali Holt and Eva Jessee came to ETSU in the fall of 2021.They are a mother and daughter who did the LPN to BSN bridge program.While doing their BSN/RN, they dabbled in forensics and spent time training as Medicolegal Death Investigators to enhance their understanding of the role of forensics in patient care settings.That same fall, they were picked to be 2 out of the 14 students for the 2nd cohort of the ETSU Substance Mentored Research (EMSUR) program.Through this experience, they gained a wealth of knowledge in addiction research and it had a profound impact on their desire to delve further into academics.They graduated in December of 2022. A highlight for Eva was having the opportunity to answer the Dean's charge at graduation and sharing her story about what courage has looked like in her life.

Pictured Eva Jessee and Kali Holt

While away from ETSU for a year, Kali served as an RN Team Leader for Frontier Health and Eva was the RN Team Leader for Over mountain Recovery.Their passion for education and mentoring the next generation of nurses also led them to take Adjunct Faculty positions at Virginia Highland Community College.The spring of 2024 they have arrived back to their Alma Mater to enroll in the graduate studies program of Family Nurse Practitioner.They have both also taken Adjunct Faculty roles at ETSU to help train the next generation of nursing students.There is a sense of home that they both feel when they are on campus and surrounded by other faculty.They take great pride in the experiences at ETSU and feel incredibly blessed to be back.

Pictured Eva Jessee and Kali Holt with Family at Graduation

2024 The Tennessee Valley Nurse of the year

Crystal Jill Copper RN, BSN

Pictured Crystal Jill Cooper

I take care of my mother full time who had 11 hours of surgery for stage 3 bladder cancer. She has been such a blessing to me and was the one who kept pushing me to go to school when I was five months pregnant with my daughter. My little girl inspires me to keep going with my degrees and loves learning about nursing as well as greeting my students and helping them work dosage calculation problems! I taught dosage calculation to her when she was eight. She also achieved her BLS certification at 12. I am attaching a picture of her.

The students I meet from ETSU and my website (www.nursingmathtutor.com) are my passion. I finally found my calling and hope to tutor as long as I am here on this earth. When I get an email, call, or text thanking me for helping them succeed then my life has its' most important purpose fulfilled. I feel like if I can help, in what minute way I possibly do, to fill the world with more amazing nurses then my heart is made whole. The professors I have to guide me as mentors, including Dr. Tisdale and Mrs. Mahlin, are who I hope to mirror with their love for students.

Pictured Virginia Iris

I am also attaching a video link of an interview with News Channel 3. I just had another interview for this award that will air soon where I will mention ETSU and the blessing it is!

https://www.hits96.com/the-tennessee-valley-nurse-of-the-year-award-goes-to/

https://www.local3news.com/community/local-3-plus-you/3-plus-your-life---nurse-jill-cooper/video_a4ae1ca2-141c-50c8-886d-03a5df7d94a1.html

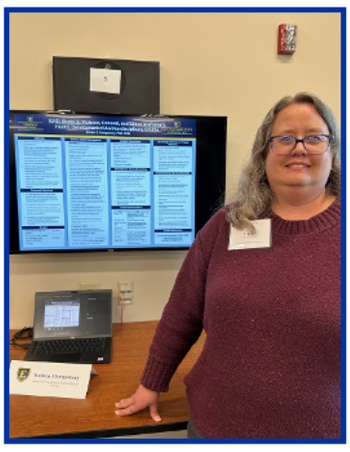
Exceptional Teaching: Get Inspired

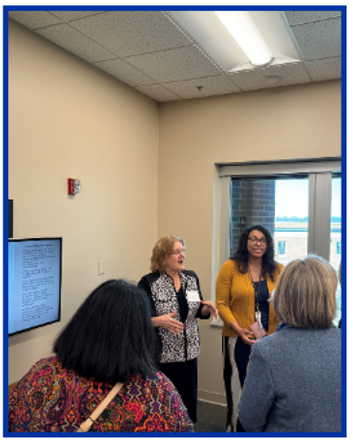
Digital poster sessions from College Teaching Award Winners and IDG Awardees were held at Sherrod Library on Thursday February 1st, 2024.

Kacie Hauldren and Carolyn Merriman presented their poster, **Initiating a Supplemental Instruction (SI) Program in the College of Nursing: Enhancing Faculty Support and Student Success**. Kacie and Carolyn appreciated the opportunity to showcase the SI Program as one of the features of the Nursing Student Success Program initiative.

Kristen Montgomery Instructional Developments grant was to create a graduate elective course on women's health ethics.

They would like to thank all the faculty, Dr. Hall, and Dean Byrd for coming to give support at the event.





Future Submissions

Presidential Grant -in Aid

Presidential Grant-in-Aid applications for the fiscal year quarter April 1 through June 30 should be

submitted by **March 3rd.** Presidential Grants-in-Aid provide support for faculty who propose activities designed to augment their professional development in teaching, research, or service. For more information, visit www.etsu.edu/academicaffairs/grant-in-aid.php.

2024 Jay W. Boland Undergraduate Research symposium

The Boland Undergraduate Research Symposium and the Appalachian Student Research Forum will both be held on **April 5th, 2024**. In partnership with the Office of Undergraduate Research and Creative Activities, it is my pleasure to let you know registration is officially open! The submission deadline is **11:59pm March 8th, 2024**. If you have questions, please don't hesitate to reach out to Heidi Marsh (marshh@etsu.edu), Cerrone Foster (fosterc@etsu.edu), or (hagemeier@etsu.edu). We're excited about this!

CON Birthdays

Fun Fact

Honest people rarely possess the art of speaking tactfully. This makes February born people very straightforward by nature. They speak of loyalty, faithfulness and honesty with a straight and confident face.

Birth Stone

Amethyst is a powerful and protective stone. It guards against psychic attack, transmuting the energy into love and protecting the wearer from all types of harm, including geopathic or electromagnetic stress and ill wishes from others.

Events on the Horizon

Respite Day

ETSU Health Bridge Members, we are pleased to announce our next Respite Day event!

It will take place on **Saturday, 2/17 from 8 am-1 pm.**Like last time, there will be two shifts; 8a-10:45a and 10:15a-1p. There will be a mandatory pre-brief on **Monday, 2/12 (time TBA).**We plan to provide the same booths as before: blood glucose/blood pressure screenings, foot care, mental health resources, harm reduction, and lunch. It will take place at Munsey in downtown JC, as before. The first shift will be expected to help with breakfast and set up the stations, second shift will be expected to help with break-down and clean up. Please only sign up for one shift. For the first 4 days, sign-up slots will be limited by the school to encourage interprofessional teams. After that, slots will be filled by those on the waiting list in order.

Sign-up link:

https://docs.google.com/spreadsheets/d/14OJcfXCt_nanuqP_4sBSLfD6V52E0nPLmotrQqBZzSg/edit?usp=sharing

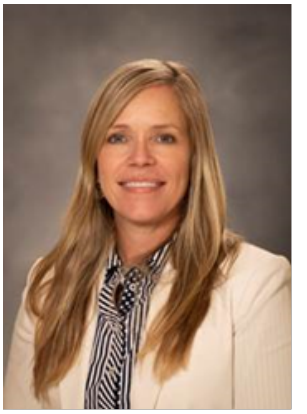
Abstract Submission Invitation

The College of Nursing, Epsilon Sigma At-Large Chapter will host the 2024 Research Day on 4/11/2024 Thursday from 9 am to 3 pm to be Epsilon Sigma At-Large Chapter Research Day at D.P. Culp Student Center. Martha Street Culp Auditorium. Submit your abstract at the following link. Thank you very much! Free lunch and CEU provided. The due date for submission of the Abstract is **2/15/2024.**

https://dc.etsu.edu/es-conf/

Spring Grand Rounds

Dr. Angela Hagaman, Co-Director of the Addiction Science Center, will be presenting for the Spring Grand Rounds on February 16, 12-1 pm, via zoom. The title of her presentation will be, “Rethinking Substance Use Screening and Intervention.”



Pictured: Dr. Angela Hagaman Associate Professor

White Coat Ceremonies

Friday, February 16

Spring 2024 White Coat Ceremony, ETSU Main Campus at Culp Center at 5:30pm

Wednesday, February 22

Spring 2024 White Coat ceremony at ETSU Kingsport Allandale campus at 11am

CON monthly meeting with Dean Byrd

Friday February 23rd

College of Nursing -Monthly Meeting with Dean Byrd Nick's Hall room 1-110 at 2.30pm

Upcoming Gala

You are invited to attend

THE JESSICA COLTER MEMORIAL SCHOLARSHIP FOUNDATIONS

Gala

TIES & TENNIES

FEBRUARY 10, 2024 | 7 PM

GET READY TO DON YOUR FANCIEST TIES AND COMFIEST TENNIES, OR HEELS IF YOU PREFER, AS WE CELEBRATE IN STYLE AT THE GENERAL MORGAN INN!

YOUR TICKET PURCHASE WILL FUND HEALTHCARE SCHOLARSHIPS THROUGH THE JESSICA COLTER MEMORIAL SCHOLARSHIP FUND WITH A PORTION OF THE PROCEEDS GOING TOWARDS NEW TENNIS SHOES FOR GREENE COUNTY'S NEEDY CHILDREN.

ENJOY A MAGICAL NIGHT FILLED WITH DELICIOUS HORS D'OEUVRES, LIVE ENTERTAINMENT FEATURING THE UPTOWN PARTY BAND, PHOTO BOOTH, SILENT AUCTION, & MUCH MORE!

FOR MORE INFORMATION PLEASE VISIT
WWW.FACEBOOK.COM/JESSICACOLTERSCHOLARSHIP
OR CALL 423.552.6004

General Morgan Inn & Conference Center

Scan to buy tickets

Upcoming Dissertation Defenses

PLEASE JOIN US!

Dissertation Defense for the Doctor of Philosophy Degree

The Lived Experience of Nurses in Caring for Patients with COVID-19

Jessica Haynes Barré

Friday, February 16, 2024
12:00 PM to 2:00 PM EST
Roy Nicks Hall Room 3-303

Chair: Jean Croce Hemphill, PhD
Members: Katherine Christine Hall, PhD
Robin Foreman, PhD
Susan Epps, EdD

Join Zoom meeting
https://etsu.zoom.us/j/88112028467?pwd=R2F0cmFXRHh4Y0xrUWJ5b3hOelgyZz09
Meeting ID: 881 1202 8467 Passcode: 313198

Jessica Haynes Barre

PLEASE JOIN US!

Dissertation Defense for the Doctor of Philosophy Degree

Exploring the Lived Experience of Self-Care in Young Adults with Type 2 Diabetes

Holly Berry-Price

Friday, March 1, 2024 3:00 PM to 5:00 PM EST
Roy Nicks Hall Room 3-303

Chair: Jean Croce Hemphill PhD
Members: Florence M. Weierbach, PhD
Kendrea Todt, PhD
Megan Haselschwerdt, PhD

Join Zoom Meeting
https://etsu.zoom.us/j/87574024120?pwd=ZnR1YUFkcTVHZCtKUnFCVG83MVAxZz09

Meeting ID: 875 7402 4120
Passcode: 749641

Holly Berry -Price

ETSU Elevates 2024

Full List of Dates and Sessions:

Tuesday, February 6 | 5-6PM (Room 303/304, D.P. Culp)

Monday, February 12 | 12-1PM (Room 210, Carrier Center, D.P. Culp)

Thursday, February 22 | 12-1PM (Room 303/304, D.P. Culp)

Wednesday, February 28 | 5-6PM (Room 211A/B, Carrier Center, D.P. Culp)

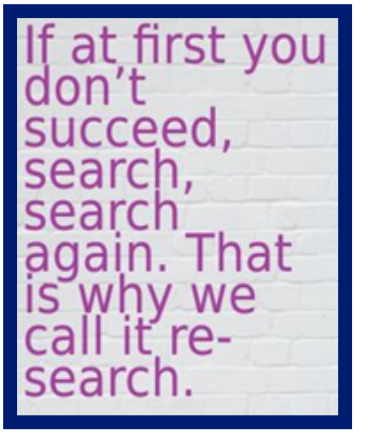
Free and Open to students

Note: Session content is the same at each workshop.

For additional questions or information, contact us at serve@etsu.edu

The Importance of Reporting Dissemination Information to The Center for Nursing Research

In addition to reporting dissemination information to the Center for Nursing Research (CNR) for personal and peer recognition, it also allows the CNR the ability to record and report more accurate information for our annual report. Please help us to provide you, our College, and our peers with the most accurate information possible.



A Request from the Center for Nursing Research

Have you or one of your colleagues:

Received grant funding?

Published a manuscript, article, or blog?

Attended, or will attend, a conference?

Presented, or will present?

Received an award, honor, or distinction?

Tell Us about It!!

If so, Tell Us about It!! so we can recognize you and/or your colleagues. To Tell Us about It!! please email Lisa Bowen, Project Coordinator for the Center for Nursing Research, at bowenlm@etsu.edu.

Reminder

DEAN'S OFFICE OPEN DOOR FOR FACULTY AND STAFF

ON MONDAYS 8AM-9AM

Contributions

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If you wish to make a donation to assist the College of Nursing's endeavor to better facilitate nursing education and leadership, please click here.

COLLEGE of NURSING
EAST TENNESSEE STATE UNIVERSITY
Nursing Kindness Together

The Monthly Pulse

If you wish to provide information, announcements or congratulations for publication in The Monthly Pulse, please email Monalee Sethi, sethim@etsu.edu or call 423-439-7051.

For Social Media submission please contact Monalee Sethi, sethim@etsu.edu

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